

Screen early. Screen annually.

If you're between 45 and 75 years of age and at average risk*, you should be screening annually with OC-Auto® FIT



Need more information?

Visit cancerscreens.com for additional details and resources.

OC-AUTO® FIT
by Polymedco

Annual colon cancer screening can save your life

2nd

Colon cancer has the **second-highest death rate** among cancers¹

90%

If detected at an early stage, **90% of all colon cancer deaths are preventable**²

45 or older?

It's time to get screened!

Guidelines from leading health organizations recommend screening beginning at age 45 for average-risk adults.³⁻⁵



Effective, early detection

OC-Auto FIT is an at-home, noninvasive screening solution that looks for non-visible blood in the stool. For individuals over the age of 45 at average risk*, regular screening may help find signs of the disease before symptoms appear, allowing patients to get treatment early, and when survival rates are higher.

Screening with OC-Auto FIT is easy, private, and mess free.



Easy at-home test



No preparation, restrictions, or special diet required



No changes to medication required



Checked annually, similar to breast and prostate cancer screening

90%

of users said OC-Auto FIT was simple or very easy to use⁶

Easy at-home screening in 3 simple steps



STEP 1

Take FIT from the privacy of your home

- Fill out the label with the date and your information
- You MUST properly label your sample with your name, date of birth, and date collected
- Deposit sample onto in-toilet collection paper
- Use the sampling wand to collect a small amount of sample
- Seal sample container inside envelope



STEP 2

Return your sample

- Use the provided mailing envelope to return the test through the US Postal Service OR return to your healthcare provider OR the lab as instructed
- Return your sample immediately, or within 24 hours of collection



STEP 3

Receive results

- Your healthcare provider should contact you with your results within a couple of weeks
- If any blood is found in your stool, your doctor will recommend some other tests
- If no blood is found, you will repeat the test after one year

Mark your calendar!

It's important that you return your OC-Auto FIT kit **on time**.



TIP:

Tear off this reminder sheet to help you stay on schedule.

Keep it somewhere you regularly post reminders, such as on the refrigerator or near your calendar.

Make a plan

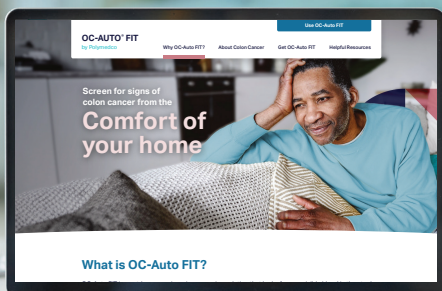
Mark the date you will return your kit and stick to it. Remember, screening saves lives!



Patient resources and support



Scan QR code
for educational videos,
test instructions, and more.



*Professional guidelines recommend regular colon cancer screening for all average-risk adults ages 45-75.¹⁻³ For screening purposes, you are at average risk of colorectal cancer if you do not have a personal history of colorectal cancer or certain types of polyps; a family history of colorectal cancer; a confirmed or suspected hereditary colorectal cancer syndrome, such as familial adenomatous polyposis (FAP) or Lynch syndrome (hereditary nonpolyposis colon cancer or HNPCC); a personal history of inflammatory bowel disease (ulcerative colitis or Crohn's disease); or a personal history of abdominal or pelvic radiation for a previous cancer. Talk to your healthcare provider if you are not sure if you are at average or increased risk of colorectal cancer.⁷

References: **1.** US Preventive Services Task Force, Davidson KW, Barry MJ, et al. Screening for colorectal cancer: US Preventive Services Task Force recommendation statement. *JAMA*. 2021;325(19):1965-1977. doi:10.1001/jama.2021.6238 **2.** Shaukat A, Kahi C.J, Burke CA, et al ACG clinical guidelines: colorectal cancer screening 2021. *Am J Gastroenterol*. 2021;116(3):458-479. doi:10.14309/ajg.0000000000001122 **3.** Rex DK, Boland CR, Dominitz JA, et al. Colorectal cancer screening: recommendations for physicians and patients from the U.S. Multi-Society Task Force on Colorectal Cancer. *Am J Gastroenterol*. 2017;112(7):1016-1030. doi:10.1038/ajg.2017.174. **4.** Colorectal cancer facts & figures 2023-2025. American Cancer Society. Accessed January 25, 2023. <https://www.cancer.org/content/dam/cancer-org/research/cancer-facts-and-statistics/colorectal-cancer-facts-and-figures/colorectal-cancer-facts-and-figures-2023.pdf> **5.** Tepus M, Yau TO. Non-invasive colorectal cancer screening: an overview. *Gastrointest Tumors*. 2020;7(3):62-73. doi:10.1159/000507701 **6.** Data on file with Polymedco, Inc **7.** Wolf AMD, Fontham ETH, Church TR, et al. Colorectal cancer screening for average-risk adults: 2018 guideline update from the American Cancer Society. *CA Cancer J Clin*. 2018;68(4):250-281.

Image content features models and is meant solely for illustrative purposes.

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